# 2. Please indicate the Education Service Center Region(s) in which your district or charter receives training. (Mark all that apply.)

	Response Percent	Response Count
1	4.3%	29
2	4.4%	30
3	5.0%	34
4	7.0%	48
5	3.2%	22
6	4.0%	27
7	9.1%	62
8	4.7%	32
9	2.1%	14
10	9.5%	65
11	6.8%	46
12	6.9%	47
13	8.7%	59
14	4.8%	33
15	3.2%	22
16	5.6%	38
17	6.5%	44
18	2.5%	17
19	1.2%	8
20	7.3%	50

Other (if not applicable, please specify)

1

skipped question

0

#### 3. Preparer Information Response Response Percent Count Name of Preparer 100.0% 681 Title of Preparer 100.0% 681 **Phone Number of Preparer** 100.0% 681 Email Address of Preparer 99.6% 678 answered question 681

### 4. School Health Advisory Council (SHAC) Information

	Response Percent	Response Count
Name of SHAC District Contact	100.0%	681
Phone Number of SHAC District Contact	98.8%	673
Email Address of SHAC District Contact	98.5%	671
Name of Required PARENT SHAC District Chair or Co-Chair	96.8%	659
Phone Number of Required PARENT SHAC DISTRI1.3583 Tw 10		

### **5. District Fitness Assessment Testing Coordinator Information**

		Response Percent	Response Count
Name of District Fitness Assessment Testing Coordinator		100.0%	681
Phone Number of District Fitness Assessment Testing Coordinator		99.7%	679
Email Address of District Fitness Assessment Testing Coordinator		99.1%	675
	answere	ed question	681
	skippe	d question	0

### 6. What types of campuses does your district or charter serve? (Mark all that apply.)

	Response Percent	Response Count
Elementary	95.4%	650
Middle School/Jr. High	91.2%	621
High School	89.7%	611
Other (please specify)	24.5%	167
	answered question	681
	skipped question	0

# 7. Indicate the number of campuses that exist in your district for each of the following categories:

	Response Percent	Response Count
Elementary	93.1%	634
Middle School/Jr. High	89.1%	607
High School	89.1%	607
Other (please specify)	33.3%	227
	answered question	681
	skipped question	0

### 8. List the members of your SHAC:

Response	
Count	

681

681	answered question	
0	skipped question	

# 10. Has your district SHAC received any formal training related to development, recruitment, leadership, policy improvement strategies, etc.?

	Response Percent	Response Count
Yes	59.2%	403
No (If no, skip to #12.)	40.8%	278
	answered question	681
	skipped question	0

# 11. If you responded "yes" to question #10, who provided that training? (Mark all that apply.) Response Percent Count Centers for Disease Control and Prevention

### 12. How many times did your district's SHAC meet during the 2010-2011 school year?

		Response Percent	Response Count
0		4.7%	32
1		6.2%	42
2		8.8%	60
3		6.5%	44
4		56.7%	386
5		8.2%	56
6		4.0%	27
7		1.6%	11
8		0.7%	5
9		1.2%	8
10	0	0.6%	4
11	I	0.1%	1
12	0	0.4%	3
More than 12	0	0.3%	2

# 14. If you responded "yes" to question #13, what topics were addressed? (Mark all that apply.)

	ponse rcent	Response Count
Adaptations for Special Populations in Physical Education	5.5%	29
Asthma Action Plan	10.8%	57
Bullying	41.9%	222
Coordinated School Health Programming	47.7%	253
Fitness Assessment Data	34.3%	182
Fitness Assessment Requirements	28.9%	153
Fundraising	8.9%	47
Health Education Curriculum		

Tobacco Use and Prevention	26.8%	142
Wellness Policies	55.1%	292
Other (please specify)	20.2%	107
	answered question	530
	skipped question	151

### 15. Has your school board made policy changes because of a SHAC recommendation?

	Response Percent	Response Count
Yes	38.3%	261
No	61.7%	420
	answered question	681
	skipped question	0

# 17. What is your district's policy for meeting the middle/junior high school physical activity requirement?

	Response Percent	Response Count
30 minutes/day in physical education for four semesters	43.0%	293
225 minutes/two weeks in physical education for four semesters	23.1%	157
Four semesters of physical activity in alternative programs	3.7%	25
A mixture of physical education and alternative programs	14.4%	98
Other (please specify)	18.9%	129
	answered question	681
	skipped question	0

# 18. Does your district require that at least 50 percent of physical education courses provide moderate to vigorous physical activity for each participating student?

	Response Percent	Response Count
Yes	93.7%	638
No	5.3%	36
Other (if not applicable, please specify)	1.0%	7
	answered question	681
	skipped question	0

19. Does your district provide recess in elementary school?

# 21. If your district assesses students outside of physical education classes and substitutes, please indicate all grade levels for which you assess additional students.

	Response Percent	Response Count
3	43.8%	56
4	43.8%	56
5	45.3%	58
6	53.9%	69
7	60.2%	77
8		

# 22. Of the following, which topics were addressed on your district's website and/or handbook? (Mark all that apply.)

	Handbook	Website	Response Count
Bullying	97.6% (649)	69.2% (460)	665
Elementary physical activity policy	92.8% (538)	66.2% (384)	580
Food allergy notification	93.0% (502)	59.6% (322)	540
Human sexuality curriculum information	90.5% (427)	62.9% (297)	472
Immunization requirements	92.9% (613)	80.3% (530)	660
Meningitis vaccination requirements for college students	84.4% (357)	71.9% (304)	423
Middle school physical activity policy	90.6% (489)	66.3% (358)	540
Parental access to student's fitness assessment results	89.8% (406)	63.5% (287)	452
Restrictions on vending machines/food service usage	91.3% (511)	64.8% (363)	560
School Health Advisory Council information	78.9% (457)	82.4% (477)	579
Suicide prevention	85.4% (315)	62.3% (230)	369
Tobacco use and prevention	96.1% (587)	64.2% (392)	611
Other	85.2% (52)	72.1% (44)	61
		If other (please explain)	43
		answered question	681
		skipped question	0

### 26. Which Coordinated School Health Program is your district implementing in elementary schools?

	Response Percent	Response Count
Bienestar	5.9%	40
CATCH	52.9%	360
Great Body Shop	11.2%	76
SPARK/Healthy & Wise	17.5%	119
Other (If not applicable, please explain.)	16.4%	112
	answered question	681
	skipped question	0

# 27. Which Coordinated School Health Program is your district implementing in middle and/or junior high schools?

	Response Percent	Response Count
Bienestar	5.0%	34
CATCH	47.6%	324
SPARK/Healthy & Wise	23.9%	163
Other (If not applicable, please explain.)	25.6%	174
	answered question	681
	skipped question	0

28. Does your district require health education as a graduation requirement for high school in all graduation plans for the 2011-2012 school year?

Response Response Percent

# 31. Which school health-related assessment tools does your district use? (Mark all that apply.)

	Response Percent	Response Count
ActivityGram	2.3%	16
District-developed	4.4%	30
FITNESSGRAM once annually	83.1%	566
FITNESSGRAM pre- and post- testing	26.1%	178
Health Education Assessment Tools (HECAT)	1.6%	11
Healthy School Report Card (Association for Supervision and Curriculum Development)	1.0%	7
Physical Education Assessment Tools (PECAT)	1.9%	13
School Health Index	9.4%	64
Other (please specify)	5.3%	

# 32. Does your district have a policy in place for addressing the measures taken to ensure student safety in a physical education class with a student to teacher ratio greater than 45 to 1 (per TEC §25.114)?

	Respons Percent	-
Yes	61.79	<b>6</b> 420
No	20.99	6 142
Other - please specify (if not applicable, please explain)	19.29	6 131
	answered questio	n 681
	skipped questio	n 0

### 33. Are the physical education courses offered in your district taught by certified physical education teachers?

	Elementary	Middle School/Jr. High	High School	Response Count
Yes	94.2% (620)	94.2% (620)	92.1% (606)	658
No	67.6% (23)	29.4% (10)	35.3% (12)	34
More than half	67.6% (23)	32.4% (11)	38.2% (13)	34
Less than half	66.7% (4)	83.3% (5)	16.7% (1)	6

Not Applicable (please explain)

8

681	answered question
0	skipped question

# 34. Indicate if your district collects statistics and data on any of the following health issues (mark all that apply).

	Yes	No	Response Count
Asthma	67.4% (441)	32.9% (215)	654
Diabetes	69.2% (454)	31.3% (205)	656
Food Allergy	70.4% (455)	29.9% (193)	646
Immunizations	82.3% (557)	18.5% (125)	677
Obesity	47.5% (271)	52.7% (301)	571

Other (please specify any other health-related statistics your district collects)

36

answered ques	stion 681
skipped ques	ition 0

# 35. Indicate if your district staff attends or needs training or staff development on any of the following topics (mark all that apply).

	Attends	Needs	Response Count
Abstinence	77.3% (323)	25.8% (108)	418
Abstinence Plus	51.8% (132)	50.2% (128)	255
Alcohol and Drug Use	86.2% (432)	18.2% (91)	501
Asthma Training	87.3% (421)	15.1% (73)	482
Bullying	93.6% (596)	15.2% (97)	637
Care of Stu0 1 2 48 .PDs wi cm			

answered question

skipped question

681

0

answered question	681
skipped question	0

#### 36. Does your district have a policy for addressing HIV prevention education? Response Response Percent Count Yes 62.7% 427 No (If no, skip to #38.) 32.2% 219 In process of developing a policy 5.7% 39 or educational program Not Applicable (please explain) I 0.4% 3

# 37. Which of the following does your HIV Prevention Education policy address? (Mark all that apply.)

	Response Percent	Response Count
Abstinence	79.7%	372
Bloodborne Pathogens	78.4%	366
Risk Reduction	59.3%	277
Other (please specify)	2.4%	11
	answered question	467
	skipped question	214

# 38. Has your school district adopted and implemented a policy that addresses maintaining confidentiality of HIV-infected students and staff and the procedures to protect HIV-infected students and staff from discrimination?

	Response Percent	Response Count
Yes	64.3%	438
No	36.0%	245
	answered question	681
	skipped question	0

### 39. Does your district use a teen pregnancy/STD prevention/abstinence program or curriculum?

	Response Percent	Response Count
Yes	62.7%	427
No (If no, skip to #41.)	37.3%	254
	answered question	681
	skipped question	0

# 40. Which teen pregnancy/STD prevention/abstinence program or curriculum does your district use?

	Count
	433
answered question	433
skipped question	248

Response

### rict employ full-time licensed vocational

High	High School	Response Count
14.5% (58)	32.8% (131)	

# 44. How many campuses in your district have trained unlicensed diabetes care assistants as outlined in the Diabetes Council Guidelines and in accordance with Section 168.005 of the Texas Health and Safety Code? (specify the number of campuses)

	Response Percent	Response Count
Elementary	91.0%	620
Middle School/Jr. High	86.6%	590
High School	85.3%	5 581
Other - please specify	25.6%	5 174
	answered question	681
	skipped question	0

# 45. Has your district implemented the School Meals Program and established a local wellness policy?

	Response Percent	Response Count
Yes	97.5%	664
Not Applicable (Our district does not accept federal funding for reimbursable meals.)	1.8%	12
No (please explain)	0.9%	6
	answered question	681
	skipped question	0

# 50. What percent of the campuses in your district have a Parent Teacher Association (PTA) Healthy Lifestyles Chair?

	Elementary	Middle School/Jr. High	High School	Response Count
None	64.3% (296)	8.5% (39)	27.2% (125)	460
1% - 10%	44.4% (24)	33.3% (18)	22.2% (12)	54
11% - 25%	60.0% (18)	23.3% (7)	16.7% (5)	30
26% - 50%	58.3% (14)	20.8% (5)	20.8% (5)	24
51% - 75%	58.8% (10)	23.5% (4)	17.6% (3)	17
76% - 99%	68.8% (22)	18.8% (6)	12.5% (4)	32
All Campuses	81.4% (96)	7.6% (9)	11.0% (13)	118
Not Applicable	47.3% (71)	26.0% (39)	26.7% (40)	150
			answered question	681
			skipped question	0

51. Does your district allow the use of its recreational facilities (e.g., gyms, fields, tracks, courts, recreation equipment, etc.) by the public before and/or after school hours?

52. Do any campuses in your district have a school garden?					
	Response Percent	Response Count			
Yes	48.9%	333			
No	51.1%	348			
	answered question	681			
	skipped question	0			

# 53. Does your district bullying policy include specific information on the following (mark all that apply):

	Response Percent	Response Count
Bullying based on gender	77.1%	525
Bullying based on race/ethnicity	76.2%	519
Bullying based on sexual orientation/identity	67.1%	457
Bullying based on physical characteristics	72.4%	493
Cyberbullying	82.5%	562
Other - please specify (if not applicable, please explain)	14.5%	99
	answered question	681
	skipped question	0

# 54. Does your school district integrate bullying prevention education in one or more of its required subject areas?

	ponse rcent	Response Count
Yes	77.9%	511
No	22.1%	145
Other (if not applicable, please s	pecify)	27
answered que	estion	656
skipped que	estion	25

# 56. Of the following health-related topics, which are addressed in each of your district's campus improvement plans?

	Elementary	Middle School/Jr. High	High School	Response Count
Bullying Prevention	96.6% (568)	89.8% (528)	86.2% (507)	588
Bullying Intervention	94.6% (477)	87.9% (443)	86.3% (435)	504
Coordinated School Health	94.5% (428)	88.1% (399)	74.4% (337)	453
Fitness Assessment	93.2% (436)	86.8% (406)	81.0% (379)	468
Physical Activity	95.2% (415)	86.7% (378)	75.2% (328)	436
Parental Involvement	97.4% (626)	90.8% (584)	88.8% (571)	643
Tobacco Use	84.2% (351)	86.6% (361)	87.1% (363)	417
Violence Prevention	86.5% (431)	90.0% (448)	89.4% (445)	498
Violence Intervention	85.9% (348)			